

News release

Jan. 12, 2016

District wellness program continues to earns excellence award

Program to promote healthy and fit adult role models wins the gold - again



This workplace has been recognized by the American Heart Association for meeting criteria for employee wellness. For the sixth year in a row, the American Heart Association has awarded Everett Public Schools for continuing to be a *Gold Fit-Friendly Worksite*.

The award recognizes the district's Wellness Coordinator Rickie Lee Marker-Hoffman for her work to promote physical fitness and health among school district employees.

"As a Gold level award recipient you have not only recognized the importance of a healthy workplace for your employees but have taken important steps to create a culture of wellness by providing support to employees, and we commend you and your employees," wrote the American Heart Association in a letter to the district.

As a Fit-Friendly Worksite, the district receives recognition on the <u>Fit Friendly Honor Roll</u> on the American Heart Association's website.

"We at the American Heart Association commend your efforts and look forward to seeing you continue to make great strides in the upcoming year."

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For more information:

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